

Contacts and Resources



Program	Vendor	Contact Information
Medical	Cigna	(888)726-3171 Mycigna.com
Pharmacy	Cigna	(866)494-2111 (800)835-3784 express scripts home delivery Mycigna.com
Telemedicine	MDLIVE	(866)494-2111 Mycigna.com
HSA	Health Equity	Health Equity App
Dental	MetLife	www.metlife.com/mybenefits
Vision	MetLife	www.metlife.com/mybenefits
Life & Disability	Mutual of Omaha	(800)655-5142
Group Accident, Critical Illness & Hospital Indemnity	Mutual of Omaha	(800)655-5142
ID Theft	MetLife Aura	(844) 931-2872 Aura App
Legal	MetLife	(800)821-6400 Members.legalplans.com
EAP	Mutual of Omaha	(800)316-2796 Mutualofomaha.com/eap
Pet Insurance	Pet Benefits Solutions	(800)891-2565 www.petbenefits.com/land/whitesandtreatment
Customer Service Support	Birch Benefits	(888)921-1865 prompt 1 serviceteam@birchbenefits.com